



## Escuela Viva

### Items for Cachorros Families to Bring

*To avoid much confusion and lost belongings, please label everything! -thank you*

- Enough **clean labeled bottles** with milk, and labeled lids, for the day.  
Please bring enough separate bottles for the number of feedings your child will need during the school day. Formula can be mixed at school. The school provides whole cow's milk, soymilk, or rice milk upon request (*Used bottles go home each evening*)
- **Water cup** (*stays at school all year, washed nightly in school dishwasher*)
- **Toothbrush** (we provide basic toothpaste w/ fluoride – please provide alternative if you want your child to use something else)
- **Labeled diapers, wipes, diaper cream**, and (for cloth diapers) dirty diaper bag (*dirty cloth diapers go home each evening*)
- **Labeled extra clothing**, at least 3 of everything (*this can stay in the cubby until it gets used*)
- **Labeled Sunscreen** (*stays at school all year, applied after nap on sunny days*)
- **Weather appropriate gear**, depending on the season, ie. sun hat, rain boots, raincoat, warm jacket, warm hat, mittens, shoes. Optional: rain pants or rain suit (*very helpful!*).
- **One or Two blankets** and a crib sheet, or bedroll for naps (*goes home weekly to be laundered*)
- **Comfort item**: stuffed animal, binky, blankie, doll or whatever your child uses.
- **Teething/biting item**
- **Family Photo**. Please bring a family photo for us to display in the classroom.

\*Annually we request a materials fee (\$50) for classroom supplies. It will be billed out with your August or September tuition.

### Cachorros Daily Rhythm

In the Cachorros class, we follow the individual rhythm of each baby to ensure that each is cared for as he or she needs. Therefore, we do not create a fixed schedule. That said, every day we ensure that each baby has an opportunity for:

- sensory exploration activities,
- exposure to music and books,
- opportunities for fine and gross motor skill development,
- time outside,
- a morning snack, lunch, and afternoon snack,
- bottles of milk
- naps as they need, with at least 1 nap per day
- a fresh diaper at least every 2 hours (changed immediately when poop is detected)
- respectful, loving conversation in both Spanish and English
- and lots of nurturing hugs, snuggles, tickles and laughter.