



Escuela Viva

Items for Sapitos Families to Bring

To avoid much confusion and lost belongings, please label everything! -thank you

- Enough **clean labeled bottles** with milk, and labeled lids, for the day.
Please bring enough separate bottles for the number of feedings your child has in a day at school. If you use formula, we can mix it up at school. Also, the school can provide whole cow's milk, soymilk, or rice milk. (*Used bottles go home each evening*). Pertinent to children taking bottles only – many Sapitos transition during the course of the year.
- **Water cup** (*stays at school all year, washed nightly in school dishwasher*)
- **Labeled diapers, wipes, diaper cream**, and (for cloth diapers) dirty diaper bag (*dirty cloth diapers go home each evening*)
- **Labeled extra clothing**, at least 3 of everything (*stays in the cubby until it gets used*)
- **Labeled Sunscreen** (*stays at school all year, applied after nap on sunny days*)
- **Toothbrush** (we provide basic toothpaste w/ fluoride – please provide alternative if you want your child to use something else)
- **Weather appropriate gear**, depending on the season, ie. sun hat, rain boots, raincoat, warm jacket, warm hat, mittens, shoes. Optional: rain pants or rain suit (very helpful!).
- **One or Two blankets** and a crib sheet, or bedroll for naps (*goes home weekly to be laundered*)
- **Comfort item**: stuffed animal, binky, blankie, doll or whatever your child uses.
- **Teething/biting item**
- **Tooth Brush**
- **Family Photo**. We will be asking for an emailed family photo for each child.

*Annually we request a materials fee (\$50) for classroom supplies. It will be billed out with your August or September tuition.

Sapitos Daily Rhythm

- 8:00-9:00** - Open Exploration
- 9:00-9:30** - Bathrooming and Diapers
- 9:30-9:45** - Circle Time
- 9:45-10:00** - Morning Snack
- 10-11:15** - Project/Provocation Time and Outside
- 11:15-11:45** - Bathrooming and Diapers
- 11:45-12:15** - Lunch
- 12:15-12:30** - Oral Hygiene/Quiet Activities
- 12:30-2:30** - Nap
- 2:30-3:00** - Bathrooming and Diapers
- 3:30-3:45** - Afternoon Snack
- 3:45-4:00** - Bathrooming and Diaper Check
- 4:00-5:00** - Outside
- 5:00-5:30** - Extended Day Activities

