



Escuela Viva

Items for Tortuguitas Families to Bring

Please label everything to avoid confusion and lost belongings. -Thank You!

- **Water bottle** (*goes home at the end of the week to be washed*)
- **Diapers/pull-ups, wipes**, diaper cream, and -for cloth diapers- dirty diaper bag (*dirty cloth diapers go home each evening*)
- OR - Lots of **extra underwear, wipes** (*replenished as necessary*)
- **Extra clothing**, at least 3 of everything (*this can stay in the cubby until it gets used*) – **PLEASE LABEL ALL CLOTHING** (*name stickers work well*)
- **Sunscreen** (*stays at school all year, applied by teachers on sunny days*)
- **Weather appropriate gear**, depending on the season, ie. sun hat, rain boots, raincoat, warm jacket, warm hat, mittens, shoes. Optional: rain pants.
- **Bedding** consisting of two blankets, sheet and blanket, or bedroll for naps (*goes home weekly for laundering*)
- **Toothbrush** (we provide basic toothpaste w/ fluoride – please provide alternative if you want your child to use something else)
- **Family Photo**. Please bring a family photo for us to display in the classroom.

*Annually we request a materials fee (\$50) for classroom supplies. It will be billed out with your August or September tuition.

Tortuguitas Daily Rhythm

8:00-9:00: Open exploration
8:45-9:15: Diapers/Potty
9:15-10:00: Outside (transition to playground in groups of five)
10:00-10:25: Snack
10:25-10:40: Circle Time
10:40-11:00: Diapers/Potty
10:40-11:40: Project Time
11:40-11:45: Clean Up/Circle Time
11:45-12:15: Lunch
12:15-12:30: Books/Quiet Activities/Potty*
12:45-2:45: Nap
2:45-3:15: Diapers/Potty
3:15-3:45: Snack
3:30-4:10: Extended Project Time/Open Exploration
4:00-4:15: Potty*
4:15-5:00: Outside

*For children wearing underwear